Prevalence of Hypodontia in the Permanent Dentition of Macedonian Population

SUMMARY

Hypodontia or tooth agenesis is a condition at which the patient is missing one or more teeth due to a failure of those teeth to develop. This is not only an aesthetic, but also a functional deficiency. The incidence of congenitally missing teeth depends on etiological factors that affect tooth development, as well as which dentition is concerned, sex or race and geographic distribution. The tooth agenesis is mostly seen in teeth that are formed last in a given class (lateral incisors, second premolars and third molars). The aim of this study was to calculate the prevalence of congenitally missing teeth in population of FYROM and, through a review of the literature, to compare these results to other populations in the world.

For this purpose a retrospective, transversal and cross-sectional study was made, where dental history and anamnesis of 8160 patients (3671 males and 4489 females) were examined, as well as their panoramic radiographs. The patients were 8-18 years old. The data was statistically analyzed with programme Statistica 7.0. The prevalence of hypodontia population of FYROM was 7.52%. Most commonly congenitally missing tooth in patients with hypodontia was mandibular second premolar (35.5% left and 34.53% right). Tooth agenesis predominated in females and in ethnic Albanian population, without significance.

Keywords: Hypodontia, prevalence; Tooth Agenesis; FYROM

Darko Pop Acev¹, Julijana Gjorgova²

¹Private Dental Office "Pop Acevi"
Skopje, FYROM

²Ss. Cyril and Methodius University in Skopje
Department of Orthodontics, Skopje, FYROM

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Introduction

Hypodontia or tooth agenesis is a condition at which the patient is missing one or more teeth due to a failure of those teeth to develop. This is due to an absence of their germ. Hypodontia describes a situation where the patient is missing up to 6 teeth, excluding the third molars. If a patient is missing more than 6 teeth, excluding the third molars, that is oligodontia, whilst the condition where all teeth are missing is called anodontia.

Tooth agenesis is the most common congenital dental anomaly¹⁻³. It is not only an aesthetic, but also a functional deficiency⁴⁻⁶. The patients with tooth agenesis in permanent dentition may have masticatory dysfunction as well as irregular pronunciation. Additionally, tooth agenesis can be followed by other conditions, as delayed tooth eruption, abnormalities in tooth shape, captured primary teeth, ectopic canines or taurodontism⁷⁻⁹. Also, tooth agenesis of permanent teeth has negative effect

on the sagittal development of the jaw, as well as an increased vertical overlap (overbite)¹⁰.

Lack of front teeth or agenesis of more than 2 teeth in the same quadrant is an indication for orthodontic treatment¹¹⁻¹². Thus, for the clinicians, this presents a common problem in dental practice and its treatment is a real challenge. Therefore, examination of the prevalence of tooth agenesis has a big role in both, early diagnosis and the plan of the treatment⁵. This will prevent complications of hypodontia, such as malocclusions and insufficient development of alveolar bone^{11,13,14}.

Many etiological studies have been made worldwide to define the prevalence of this anomaly for a certain country, city or a region. Usually they are retrospective radiographic studies. Reviewing the literature we can assume that presence of tooth agenesis is different for different populations. The prevalence of hypodontia (excluding the third molars) in the permanent dentition among different populations is from 2.6%-11.3%¹⁵ (Tab. 1).

Table 1. Prevalence of hypodontia among different population

Author	Year	Country	Sample type	Sample Size	Female (%)	Male (%)	M:F	Prevalence (%)
Nik-Hussein NN	1989	Malaysia	SC	1583	3.5	2.2	0.629	2.8
Aasheim <i>et al.</i>	1993	Norway	SC	1953	7.2	5.8	0.806	6.5
Sterzik <i>et al.</i>	1994	Germany	OP	3238	-	-	-	8.1
Ng'ang'a RN, Ng'ang'a PM	2001	Kenya	OP	615	5.3	7.2	1.358	6.3
Nordgarden <i>et al.</i>	2002	Norway	PuDP	430	5.1	4	0.784	4.5
Tavajohi-Kermani <i>et al.</i>	2002	USA	OP	1016	6.0	3.0	0.5	8.8
Silva Meza R	2003	Mexico	OP	668	-	-	-	2.7
Fekonja A	2005	Slovenia	OP	212	7.1	4.2	0.591	11.3
Endo <i>et al.</i>	2006	Japan	OP	3358	9.3	8.5	0.914	7.5
Sisman <i>et al.</i>	2007	Turkey	OP	2413	7.5	8.1	1.08	6.5
Altug-Atac AT, Erdem D	2007	Turkey	OP	3043	3.1	2.1	0.677	2.6
Goya <i>et al.</i>	2008	Japan	PeDP	2072	10.8	8.7	0.806	9.4
Chung <i>et al.</i>	2008	Korea	OP	1622	11.3	11.1	0.982	11.2
Celikoglu <i>et al.</i>	2010	Turkey	OP	3341	4.8	3.7	0.770	4.3
Gomes <i>et al.</i>	2010	Brazil	OP	1049	7.4	5.1	0.689	6.3
Tallón-Walton <i>et al.</i>	2010	Spain	PuDP	1518	6.9	7.7	1.116	7.25
Behr <i>et al.</i>	2011	Germany	OP	1353	12.5	9.9	0.694	11.3*

OP: orthodontic patients; SC: schoolchildren; PuDP: public dental patients; PeDP: pediatric dental patients; M:F: Male-to-female ratio * 12.63% missing prevalence, including oligodontia and cleft palate.

The prevalence of hypodontia varies according to sex, race, geographic and demographic distribution, as well as ethnic affiliation^{2,10,11}. Evolutionary changes also have affect on diversity. Some researchers in their studies have come to a conclusion that the rate of hypodontia increases in time^{2,11,16}, while others do not confirm that^{10,12}.

Tooth agenesis can be represented in both, primary and permanent dentition. In primary dentition it is represented from 0.1%-0.9%. In 30-50% of the cases tooth agenesis in primary dentition is followed with agenesis of their permanent replacements.

Tooth agenesis presents an important clinical and social health problem. The early diagnosis of this anomaly may alert the clinician of possible presence of other associated dental anomaly in the same patient or his family. This is order to prevent the possible consequences. The diagnosis usually is made after radiographic examination. However, germs of the teeth that erupt later are formed later, so their early diagnosis is not possible by radiographic status. Dental examination along with radiographic screening for possible presence of hypodontia in early childhood should be emphasized as part of a public dental health policy. This will help in early diagnosis and will enable timely intervention. Tooth agenesis with its aesthetic and functional influence, its diagnosis, prevention and therapy become an integral part of comprehensive dental health care for the patient.

The aim of this study was to calculate the prevalence of tooth agenesis of the FYROM's population, to see if there is a difference between the 2 largest ethnic

communities, Macedonian and Albanian; then, how is tooth agenesis distributed between genders, to confirm the hypothesis that it is more common in females; which teeth are most commonly missing, whether those that are last formed in a given class (incisors, premolars, molars); then, what is the total number of missing teeth in one patient with hypodontia, their distribution between the maxilla and mandible and whether those patients who lack 2 or more teeth have unilateral or bilateral distribution.

Material and Methods

In this retrospective study, patients' dental history was examined along with their panoramic radiographs. The examination took place at the Clinic of orthodontics at the Faculty of Dentistry in Skopje and included patients from all regions in FYROM in period from 1998 till 2013. Patients with a history of extracted teeth due to trauma, dental decay or periodontal tissue loss were excluded from the study. The study included only respondents who had proper anamnesis and panoramic radiograph in their dental history. The patients were 8-18 years old and grouped by gender and ethnicity. In those patients where tooth agenesis was confirmed, it was recorded which tooth/teeth was/were missing. Tooth agenesis of third molars was excluded from the study.

The collected data was statistically analyzed with programme Statistica 7.0.

Results

The total number of participants who met the criteria of this study was 8160. 78.15% were of Macedonian ethnic community, while remaining 21.85% of Albanian. Of all participants 44.99% were males, while 55.01% females. The mean age of all patients that enrolled this study was 11.29 years (Fig. 1).

Figure 1. Examinees age distribution and average age

The results showed that prevalence of hypodontia in FYROM is 7.52%. According to Mann-Whitney test, in terms of ethnicity, the difference was not significant for P value <0.05 ($P=0.31$). The prevalence of hypodontia among Macedonian community is 7.18%, while it was 8.75% in Albanian community (Tab. 2). The difference was not significant either in relation to gender, $P<0.05$ ($P=0.13$). Prevalence among male examinees was 6.46% and 8.40% in females (Tab. 3). The distribution in terms of jaws involvement was as follows: mandible 43.97%, maxilla 38.11%, while in 17.92% of the cases there were missing teeth in both jaws. Unilateral distribution was

present in 52.12% and bilateral in 47.88% of the cases. Those patients that had tooth agenesis of 2 or more teeth in 94.53% of the cases it was bilateral.

Table 2. Correlation of patients according to ethnicity and presence of hypodontia

	Without hypodontia	With hypodontia	Total
Macedonians	5918	458 (7,18 %)	6376
Albanians	1628	156 (8,75 %)	1784
Total	7546	614 (7,52 %)	8160

Table 3. Correlation of patients according to sex and presence of hypodontia

	Without hypodontia	With hypodontia	Total
Male	3434	237 (6,46 %)	3671
Female	4112	377 (8,40 %)	4489
Total	7546	614 (7,52 %)	8160

Average number of congenitally missing teeth in patients with hypodontia of FYROM population was 2.04. Out of all examinees, 49.35% were missing only 1 tooth, while maximal number of missing teeth was 17, found in 1 person (Fig. 2). The most common missing tooth was lower second premolar. The left one was presented in 35.50% of the patients with hypodontia, while the right one in 34.53%. This one was followed by upper lateral incisor, right one presented in 27.03% and left one in 26.55% of the cases. Least affected were upper first molars with 0.16% each. In the mandible least affected were canines, left canine in 0.16% and right canine in 0.33% of the patients with hypodontia (Fig. 3).

Figure 2. Total number of congenitally missing teeth per person

Figure 3. Frequency distribution of missing teeth in Macedonian population

Discussion

Hypodontia is one of the most common dentofacial anomalies. Due to its frequency, complexity in its approach and method of treatment, it is a subject of many scientific papers. Epidemiological studies get us closer to its distribution among different populations. The purpose of these examinations is to calculate its prevalence in the general population, the ratio between the sexes, which teeth are most affected, what is their distribution by quadrants, which jaw is more affected, whether it is unilateral or bilateral and what is the total number of missing teeth in an individual with hypodontia. Also, through these studies, we can see a distribution among different ethnic groups, racial allocation and demographic distribution.

Through meta-analysis in patients with hypodontia it is proven that the presence of this anomaly in Caucasians is higher than in Negro race. It is also higher in Europe and Australia than in North America. Tooth agenesis is greater among women than among men. In Portugal in 2012 the prevalence of hypodontia was 6.1%. It was more prevalent in women than in men, although this difference was not statistically significant¹⁷. In Iran, in accordance with a study made in 2012, the prevalence of hypodontia was calculated at 5.21%. The difference in terms of sex was not significant, although women predominated with 5.86% rather than men with 4.25%. Average number of missing teeth in patients with hypodontia was 1.69. It is interesting that although the percentage of patients with hypodontia is bigger in females, males are those who have

more missing teeth per person (2.32 in men and 1.40 in women). This tells us that hypodontia is more severe in men. Most common missing tooth was maxillary lateral incisor with 37.2%, followed by mandibular second premolar 22.1% and mandibular central incisor 10.7%. The difference between missing teeth in maxilla and mandible was significant. Maxilla predominated with 5.3%, while mandible was affected in 3.5% of the cases (Fig. 4)¹⁸.

Study made in Venezuela in 2012 showed similar results. Prevalence of hypodontia was 4%. Half of the examinees had 1 missing tooth, and other half more than 1 tooth. Women were more affected compared to males at ratio 1.5:1. Most common missing tooth was upper lateral incisor with 40% of patients with tooth agenesis. Maxilla was more affected with 55% than the mandible with 45%¹⁹. In epidemiological study conducted in Turkey in 2011, the prevalence of hypodontia was 6.77%, with no significant difference between the sexes (7.63% in females and 5.44% in males). The most frequent missing tooth was maxillary lateral incisor, followed by mandibular second premolar²⁰. In Egypt population the prevalence of hypodontia amounted to 2.4% which is the lowest compared to the other countries²¹.

In Japan the presence of hypodontia was 8.5%. Women were more dominant with representation of 9.3%, while men were represented with 7.5%. However this difference was not significant. The most common missing tooth was mandibular second premolar, followed by maxillary and mandibular lateral incisor. In patients with hypodontia average tooth missing per person was 2.4²².

The highest prevalence of congenitally missing teeth was recorded in the Republic of Korea in 2011 with 11.3% - the most frequent missing tooth was mandibular second premolar with 44.2% prior to mandibular lateral incisor with 36.6%. In women the prevalence was

12.4% and in men 9.5%. Half of the examinees were missing only 1 tooth, 36% were missing 2, while the rest were missing more than 2 teeth. Figure 5 presents the proportional presence for every missing tooth separately²³.

Figure 4. Frequency distribution of missing teeth in Iranian population in 2012

Figure 5. Frequency distribution of missing teeth in Republic of Korea

Figure 6. Total number of missing teeth in a study of 50 examinees that are missing more than one tooth

Figure 6 shows the total number of missing teeth in an individual in a study performed in 50 patients with hypodontia of more than one tooth¹⁰.

From all mentioned above we can conclude that the prevalence of hypodontia of FYROM population does not deviate from the results of epidemiological studies done in other countries. With prevalence of 7.52% FYROM

is situated in the middle. Although the difference is not significant, women are more affected, which confirms the hypothesis that this anomaly is more dominant in females than in males. Though there is insignificant difference between 2 biggest ethnic communities in FYROM.

The results show us that in most of the cases the missing teeth were those teeth which develop last in the sequence of a given group (second premolar, lateral incisor). Lower incisors were the exception from this rule because tooth agenesis was present more in central than in lateral. Bilateral distribution in maxilla was mostly due to bilateral agenesis of the left and right lateral incisors. However, in the mandible it is due to tooth agenesis of left and right second premolar.

Mattheeuws et al²⁴ through meta-analysis, where data was evaluated chronologically, came to an interesting fact where they concluded that the degree of prevalence of patients with hypodontia has ascending trend in recent years and is diagnosed more often in everyday practice¹.

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Correspondence and request for offprints to:

Darko Pop Acev
 UI. 8 Mart 8a
 1000 Skopje
 FYR Macedonia
 E-mail: darko-pop-acev@hotmail.com