

# THE REVERSE DIALYSIS BAG METHOD FOR THE ASSESSMENT OF *IN VITRO* DRUG RELEASE FROM PARENTERAL NANOEMULSIONS – A CASE STUDY OF RISPERIDONE

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The present study describes the release pattern of risperidone, a poorly water-soluble psychopharmacological drug, from two parenteral nanoemulsions containing the mixture of medium-chain triglycerides and soybean oil as an oil phase, sodium oleate solution as an aqueous phase and lecithin alone or in combination with polysorbate 80 as emulsifiers/stabilizers. The nanoemulsions were prepared by hot high-pressure homogenization, and evaluated regarding physicochemical properties – a droplet size, polydispersity index, zeta potential, and viscosity, as well as biopharmaceutical performances – *in vitro* drug release by employing a reverse dialysis bag technique. Physicochemical characterization revealed a favorable mean droplet size (160–210 nm), narrow size distribution (<0.15), high surface charge (around –50 mV to –60 mV) and low apparent viscosity (4–6 mPa.s) of developed nanoemulsions, thus proving their suitability for parenteral administration of poorly water-soluble actives. The *in vitro* drug release study showed biphasic release profiles of risperidone, with significant differences between two investigated nanoemulsion formulations (differing only in the presence of polysorbate 80), indicating the influence of nanoemulsion matrix on drug release kinetics. However, the release of risperidone from investigated nanoemulsions was relatively rapid (more than 50% released within the first 5 min), suggesting their promising application in emergency situations. Furthermore, above 95% of the drug was released from both tested nanoemulsions within 180 min, while the kinetic release process could be described by Korsmeyer–Peppas model and supposed to be diffusion-controlled. Overall, it can be concluded that the reverse dialysis bag technique was the appropriate and enough discriminatory method to evaluate the *in vitro* release of risperidone from presented nanoemulsion systems.

**Keywords:** nanoemulsions, risperidone, release testing, dialysis method, release profile, mathematical modeling

## Introduction

Considering numerous appealing features including biocompatibility, biodegradability, physical stability, the possibility of sterilization and scale up and especially the high solubilization capacity of lipophilic drugs, the improved penetration through biological barriers, possibly enhanced bioavailability, controlled drug release and organ targeting, the increasing attention has been focused more recently on nanoemulsions as promising drug carriers for different routes of administration, especially for the parenteral application [1,2]. Although lipid nanoemulsions have been traditionally employed for parenteral nutrition, and some have been clinically approved for the intravenous delivery of lipophilic drugs (e.g., diazepam, propofol, etomidate) [3,4], (i) high quality and safety requirements imposed by the parenteral route of administration, (ii) specific characteristics of drug substances (poor water-solubility, significant first-pass metabolism, nonspecific biodistribution, P-glycoprotein efflux), (iii) the influence of various factors (formulation parameters,

processing variables, the presence of the model drug) on the physicochemical properties and stability of nanoemulsions, and (iv) the influence of the nanoemulsion system on its own on the behavior of the incorporated drug (the release from nanoemulsion, pharmacokinetic performances and consequently, a therapeutic effect), make the development of parenteral nanoemulsions a complicated and challenging task, and additional efforts are required in order to optimize the nanoemulsion formulation, stability, drug delivery and overall *in vivo* behavior [1-4].

Verily, an issue of particular importance to be considered in the design of parenteral nanoemulsions as colloidal drug carriers is the characterization of the *in vitro* drug release from the developed carrier; the data obtained from the *in vitro* release test can be used to evaluate and demonstrate the product performance/quality in both drug development and quality control settings, to elucidate the structure and release mechanisms/kinetics and, ideally, to predict the *in*

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*in vivo* behavior of the system. Accordingly, comprehending the factors that can influence the drug release from nanoemulsions from both *in vitro* and *in vivo* aspect, is essential for the development of relevant *in vitro* release tests and the definition of the quality/performance specifications [5-9]. The study of *in vitro* drug release from nanoemulsion formulations (and nanoparticulate systems in general) is technically quite demanding because of: (i) the physical obstacles associated with the separation of the released drug from the carrier in an effective and time-efficient manner, (ii) the extremely small size of dispersed oil droplets and, therefore a large surface area compared to their volume, which can lead to the rapid drug transport from the oil to the continuous phase and (iii) the potential for violation of the sink conditions [6,10,11]. Furthermore, unlike oral and transdermal dosage forms, for parenteral preparations involving lipid emulsions there is currently no standard, pharmacopoeial nor any other regulatory approved/suggested method for the *in vitro* drug release kinetics examination [7-9,12]. So far, the methods that have been used for that purpose, with more or less success include: (i) sample-and-separate methods (ultrafiltration, ultracentrifugation, centrifugal ultrafiltration) [13-15], (ii) *in situ* methods [16,17], (iii) continuous flow-through methods (USP apparatus 4, with dialysis adapter) [18-22], and (iv) membrane diffusion/barrier methods (side-by-side diffusion cell method, dialysis sac/bag method) [11,21,23-29], each with its own advantages and disadvantages [5,6,11,12].

In order to avoid the separation problem and overcome the drawbacks of conventional barrier methods (such as rate-limiting properties of the membrane and violation of the sink conditions), the *bulk equilibrium* reverse dialysis bag technique was developed [10,11,24], in which the release medium placed inside the dialysis bags represents the receiver phase, while the investigated nanoemulsion dispersed into the release medium surrounding the dialysis bags represents the donor phase. In that way, the maximum (theoretically infinite) dilution of nanoemulsion upon its immersion in the release medium (sink solution, donor phase) is achieved, and the drug release is believed to be performed under perfect sink conditions. The additional advantage of the said method is the exposure of the high free surface area of nanoemulsion droplets to the high volume of the sink solution, thus mimicking *in vivo* situation for nanoemulsions and other colloidal systems administered parenterally [10,11].

Taking all this into account, the present study was aimed at assessing the pertinence of the reverse dialysis bag method for the study of *in vitro* drug release from parenteral nanoemulsions and at evaluating its potential to distinguish between different nanoemulsion formulations. For this purpose, two drug-loaded nanoemulsions containing the mixture of medium-chain triglycerides and the soybean oil as the oil phase, and the sodium oleate solution as the aqueous phase, and stabilized by lecithin-polysorbate 80 mixture or lecithin alone [30,31] were prepared by hot high-pressure homogenization and characterized regarding their physicochemical properties and *in vitro* drug release.

Risperidone (RSP), a well-recognized and clinically proved atypical antipsychotic drug, was incorporated into nanoemulsion droplets as a poorly water-soluble model compound (molecular weight: 410.48; solubility (in unbuffered water pH 8.78, 25 °C): 0.014 g/L; pKa (most basic, 25 °C): 8.07 ± 0.1; logP (25 °C): 2.678 ± 0.406 [32]). By analyzing the obtained release profiles of developed RSP-loaded nanoemulsions through employing several mathematical models, the aim was to determine whether nanoemulsion composition, particularly the emulsifier type, affected drug release kinetics, which further may have consequences on *in vivo* effects.

## Experimental

### Materials

The ingredients used for the preparation of drug-loaded and corresponding unloaded nanoemulsions, including the manufacturers/suppliers of the said ingredients are given in Table 1. Ultra-pure water was obtained with a GenPure apparatus (TKA Wasseranfertigungssysteme GmbH, Germany). Sodium hydroxide, potassium phosphate monobasic, and methanol (used for *in vitro* dialysis and spectrophotometric analysis) were purchased from Sigma-Aldrich Chemie GmbH (Germany). All chemicals and reagents were of pharmaceutical or HPLC grade, and used as received without further purification.

### Preparation of nanoemulsions

Nanoemulsions were prepared by hot high-pressure homogenization (50 °C) according to the previously reported procedure [30,31]. Briefly, the oil phase, comprising medium-chain triglycerides, soybean oil, soybean lecithin and butylhydroxytoluene was heated under slight magnetic stirring until lecithin was completely dissolved, and then a RSP solution in benzyl alcohol was added. The prepared oil phase (50 °C) was combined with the separately prepared aqueous phase (50 °C) consisting of ultra-pure water, polysorbate 80, sodium oleate and glycerol, and further pre-homogenized (10,000 rpm, 3 min) with a rotor-stator homogenizer (IKA Ultra-Turrax® T25 digital, IKA®-Werke GmbH & Co. KG, Germany). The obtained coarse emulsion was subsequently homogenized with a high-pressure homogenizer (Emulsi-Flex-C3, Avestin Inc., Canada) at 500 bar for 10 repeated cycles. The resulting nanoemulsion was aseptically filtered through the 0.22 µm membrane filter and poured into crimped glass vials. Blank nanoemulsions (P-IpNE and P-INE as placebo formulations for RSP-IpNE and RSP-INE, respectively) were also prepared according to the above described procedure without RSP. All formulations were stored at 25 ± 2 °C and after 24 h, their characterization was performed. All measurements were done in triplicate. Code names and the composition of developed RSP-loaded nanoemulsions are given in Table 1.

**Table 1.** Composition of risperidone-loaded nanoemulsion formulations

Ingredients (% w/w)	Manufacturer/Supplier	Function	Nanoemulsion formulation	
			RSP-IpNE	RSP-INE
Risperidone	Zdravlje Actavis, Serbia	Active substance, antipsychotic	0.1	0.1
Medium-chain triglycerides	Fagron GmbH & KG, Germany	Constituent	16.0	16.0
Soybean oil (Lipoid Purified Soybean Oil 700)	Lipoid GmbH, Germany	Constituent	4.0	4.0
Soybean lecithin (Lipoid S 75)	Lipoid GmbH, Germany	Emulsifier (lipophilic)	2.0	2.0
Butylhydroxytoluene	Sigma-Aldrich Co., USA	Antioxidant	0.05	0.05
Benzyl alcohol	Sigma-Aldrich Co., USA	Cosolvent	2.0	2.0
Polysorbate 80	Sigma-Aldrich Co., USA	Emulsifier (hydrophilic)	2.0	–
Sodium oleate (Lipoid Sodium Oleate B)	Lipoid GmbH, Germany	Buffering agent (pH 9); co-stabilizer	0.03	0.03
Glycerol	Merck KGaA, Germany	Isotonic agent	2.25	2.25
Ultra-pure water, to	University of Belgrade – Faculty of Pharmacy, Serbia	Constituent	100.0	100.0

### Nanoemulsion characterization

#### Droplet size and size distribution analysis

The mean droplet size (intensity weighted mean diameter, Z-average diameter, Z-Ave) and the droplet size distribution (polydispersity index, PDI) of nanoemulsions (previously diluted with ultra-pure water at 1:500, v/v) were determined by photon correlation spectroscopy, using a Zetasizer Nano ZS90 (Malvern Instruments Ltd., UK). The measurements were done at 25 °C, at a fixed scattering angle of 90°, using a He–Ne laser at 633 nm.

#### Zeta potential analysis

The droplet surface charge of nanoemulsions was determined with a Zetasizer Nano ZS90 (Malvern Instruments Ltd.) by measuring the electrophoretic mobility of nanoemulsion droplets, which was converted to the zeta potential (ZP) using the in-built software. The measurements were performed at 25 °C immediately upon dilution of nanoemulsion samples (1:500, v/v) with ultra-pure water, having constant conductivity (about 50 µS/cm) adjusted by the 0.1 M phosphate buffer solution.

#### Rheological analysis

The rheological behavior of nanoemulsions was assessed using a Visco Elite-R rotational viscometer (Fungilab S.A., Spain), equipped with the low viscosity adapter (LCP) and controlled by Supervisc software (Fungilab S.A.). The measurements were performed at 20 °C within the speed range 100–200 rpm.

#### *In vitro* drug release study from nanoemulsions

*In vitro* release profile of RSP-loaded parenteral nanoemulsions was examined using the *bulk equilibrium* reverse dialysis bag technique, previously described by Benita and Levy (1993) [10] and Chidambaram and Burgess (1999) [11]. Dialysis bags (cellulose membrane, molecular weight cut-off 12 kDa, Sigma-Aldrich, Germany), containing 5 mL of the release medium (acceptor phase) were placed into a vessel containing 300 mL of the same release medium in which, after proper equi-

bration, 3 mL of the investigated RSP nanoemulsion was added (donor phase). As release medium, the mixture of the phosphate buffer solution (pH 7.4, USP) and methanol at the ratio of 80:20 (v/v) was used, and the release studies were performed at the temperature of  $37 \pm 1$  °C, under constant stirring (ES-20 orbital shaker-incubator, Biosan SIA., Latvia), to simulate the *in vivo* conditions. At specified time intervals (5, 15, 30, 60, 90, and 180 min), the content of the dialysis bag and the same volume of the surrounding medium were sampled and assayed spectrophotometrically for the RSP concentration using Evolution 300 UV–Vis spectrophotometer (Thermo Fisher Scientific, USA) at 277 nm. The calibration curve was linear in the range from 5 to 35 µg/mL ( $R^2 = 0.9942$ ). The RSP release kinetics from the tested nanoemulsions was evaluated by fitting the experimental data obtained from the release assay through several mathematical models (zero order, first order, Higuchi, Hixson–Crowell, Baker–Lonsdale, Korsmeyer–Peppas, Weibull), by employing DDSolver add-in program for the Microsoft Excel application.

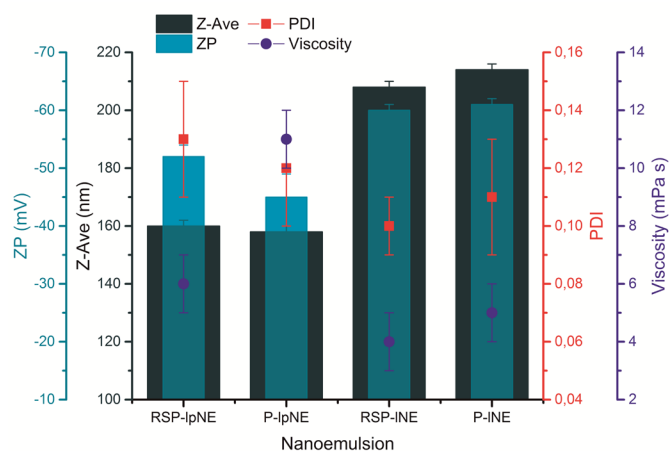
#### Statistical analysis

The results of nanoemulsion physicochemical characterization, presented as mean parameter value  $\pm$  standard deviation ( $n = 3$ ), were statistically compared using Student's *t*-test (PASW Statistics v.18.0; SPSS Inc., USA), whereas the results of the *in vitro* release study of RSP from the investigated nanoemulsions, i.e., drug release profiles, were compared by univariate analysis of variance (ANOVA). The *p* value of 0.05 was taken as the level of significance.

## Results and Discussion

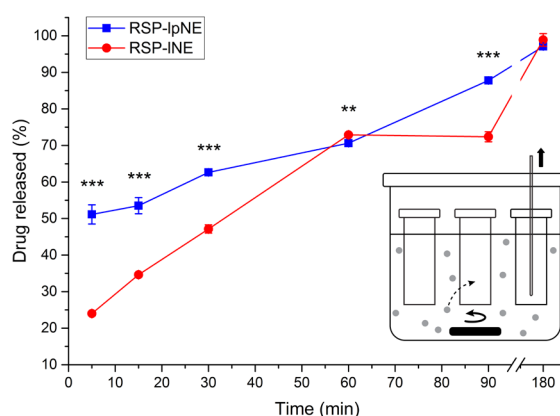
In comparison with the previous research [30,31], in this paper the two most promising nanoemulsion formulations intended for parenteral use, differing only in the presence of polysorbate 80 as co-emulsifier, with RSP as a model drug (RSP-IpNE, RSP-INE, Table 1) have been prepared, and their physicochemical properties, and for the first time biopharmaceutical performances have been reported. The results of the measured physicochemical parameters (Z-Ave, PDI, ZP, apparent viscosity) for formulated RSP-loaded nanoemulsions (RSP-IpNE, RSP-INE), together with their corresponding unloaded formulations (P-IpNE, P-INE) one day after the preparation are displayed in Figure 1. All prepared nanoemulsions were free-flowing, milky-white, homogeneous and, as Figure 1 shows, with a small mean droplet size (156 – 216 nm), narrow size distribution (0.09 – 0.15), high negative surface charge (from –41 to –62 mV), and low apparent viscosity (3 – 12 mPa.s), thus proving their suitability for parenteral administration and delivery of poorly water-soluble drugs. As discussed in detail earlier [31], the incorporation of RSP did not significantly change the nanoemulsion droplet size, size distribution and surface charge (Figure 1), suggesting

that the drug might have been localized predominantly in the oil core of the nanoemulsion, whereas the significantly ( $p < 0.05$ ,  $t$ -test) lower viscosity of nanoemulsions upon RSP loading (Figure 1) might be related to the putative presence of a portion of drug molecules in the oil/water interface, as well. In addition, when comparing the nanoemulsion stabilized by lecithin-polysorbate 80 mixture (RSP-IpNE) with the co-emulsifier-free formulation (RSP-INE), it could be seen that polysorbate 80-costabilized nanoemulsion had a significantly ( $p < 0.05$ ,  $t$ -test) smaller mean droplet size (RSP-IpNE:  $160 \pm 2$  nm vs. RSP-INE:  $208 \pm 2$  nm, Figure 1), which could explain the eventual difference in RSP release profiles from developed nanoemulsion formulations.



**Figure 1.** Representative physicochemical characteristics of the developed parenteral risperidone-loaded (RSP-IpNE, RSP-INE) and corresponding unloaded (P-IpNE, P-INE) nanoemulsions, one day after the preparation (mean  $\pm$  standard deviation,  $n = 3$ ); Z-Ave, mean droplet size; PDI, polydispersity index; ZP, zeta potential.

The main focus of the present study was the characterization of release kinetics/profiles of RSP, as a BCS (Biopharmaceutics Classification System) class II model drug (low solubility, high permeability) [33], incorporated into two parenteral nanoemulsions, stabilized by lecithin, where one of them was co-stabilized with polysorbate 80. For that purpose, the formulated RSP-loaded nanoemulsions were subjected to the reverse dialysis bag technique as the mainly recommended method, besides the standardized flow-through cell (USP apparatus 4) with the appropriate modification (dialysis adapter), for studying the *in vitro* drug release kinetics from nanoemulsion carriers [8]. The fraction (%) of the released drug from the investigated parenteral nanoemulsions was calculated as the ratio of the RSP concentration measured at specified time intervals in the medium inside the dialysis bags (acceptor phase), and the total drug concentration in the outside medium (diluted nanoemulsion), i.e., the sink solution (donor phase) [24] and the obtained RSP release profiles with the schematic representation of the reverse dialysis bag method are presented in Figure 2.



**Figure 2.** Drug release profiles of risperidone from the investigated parenteral nanoemulsions (mean  $\pm$  standard deviation,  $n = 3$ ), with the schematic representation of the reverse dialysis bag technique; \*\* $p < 0.01$ , \*\*\* $p < 0.001$ .

As it can be seen from Figure 2, the *in vitro* release of RSP from both parenteral nanoemulsions, RSP-IpNE and RSP-INE, was characterized by biphasic profile, with the initial rapid release (possibly due to the diffusion of free drug or drug solubilized into micelles from the donor phase to the acceptor medium), followed by a slower release in the later time points (probably due to the release of the drug from nanoemulsion oil droplets to the continuous donor phase, and then its diffusion through a dialysis membrane into the acceptor medium) [11]. In undiluted nanoemulsion, in the equilibrium state, the drug substance is distributed between dispersed oil droplets, a continuous aqueous phase, and micelles presented in the aqueous phase of nanoemulsion [23]. Upon nanoemulsion dilution with the release medium, a new equilibrium is established, and the drug substance is distributed between nanoemulsion oil droplets and medium (sink solution), which now becomes the outer phase of nanoemulsion. The drug released from the oil nanodroplets diffuses into the sink solution, and then through the membrane into the dialysis bag until the equilibrium is reached, whereby it is noticed that the concentration of the drug in the dialysis bag increases, while the concentration in the sink solution remains almost unchanged [24]. Similar findings were reported earlier with several other drugs incorporated into parenteral nanoemulsions such as diazepam [24,34], benzocaine [11], benzathine penicillin G [25]; thalidomide [26], nystatin [29], to mention a few.

When comparing the obtained RSP release profiles (Figure 2), the significant difference could be found between the two tested nanoemulsions, RSP-IpNE and RSP-INE, differing only in the presence of polysorbate 80 as co-emulsifier, indicating the influence of nanoemulsion matrix on the drug release kinetics. The initial rapid release was particularly pronounced in case of RSP-IpNE formulation stabilized by lecithin-polysorbate 80 mixture, from which more than 50% of the drug was released within the first 5 min. Furthermore, the fraction

of the released RSP from this nanoemulsion was significantly higher (*t*-test, *p* < 0.05) compared to the RSP-INE formulation, in almost all time points except for 60 min and 180 min (Figure 2). On the other hand, in case of RSP-INE nanoemulsion stabilized by lecithin only, after the initial slower release, the increase in the fraction of the drug released could be observed with time, and within one hour from the beginning of the experiment it approached the value of RSP fraction released from comparative RSP-IpNE nanoemulsion (Figure 2). Finally, after 180 min, the overall percentage of the released RSP was almost identical for both tested nanoemulsions, irrespective of the presence of co-emulsifier/co-stabilizer, and reached almost 100% (RSP-IpNE: 97.1% ± 0.5%; RSP-INE: 98.9% ± 1.7%).

**Table 2.** *In vitro* release kinetic data of risperidone from the investigated parenteral nanoemulsions

Kinetic model	Equation	Parameter	Nanoemulsion formulation	
			RSP-IpNE	RSP-INE
Zero-order	$F = k_0 \times t$	$k_0$	0.719	0.679
		$R^2$	-3.6972	0.1204
		$R^2_{adjusted}$	-3.6972	0.1204
		AIC	56.00	50.87
First-order	$F = 100 \times (1 - e^{-k_1 t})$	$k_1$	0.041	0.021
		$R^2$	-0.0002	0.8936
		$R^2_{adjusted}$	-0.0002	0.8936
		AIC	46.71	38.19
Higuchi	$F = k_H \times t^{0.5}$	$k_H$	8.809	7.957
		$R^2$	-0.1881	0.9313
		$R^2_{adjusted}$	-0.1881	0.9313
		AIC	47.73	35.55
Hixson-Crowell	$F = 100 \times [1 - (1 - k_{HC} \times t)^3]$	$k_{HC}$	0.008	0.006
		$R^2$	-0.4746	0.8342
		$R^2_{adjusted}$	-0.4746	0.8342
		AIC	49.03	40.86
Baker-Lonsdale	$\frac{3}{2} \times \left[ 1 - \left( 1 - \frac{F}{100} \right)^{\frac{2}{3}} \right] - \frac{F}{100} = k_{BL} \times t$	$k_{BL}$	0.003	0.002
		$R^2$	0.5720	0.9729
		$R^2_{adjusted}$	0.5720	0.9729
		AIC	41.53	29.75
Korsmeyer-Peppas	$F = k_{KP} \times t^n$	$k_{KP}$	32.079	12.718
		$n$	0.211	0.397
		$R^2$	0.9322	0.9753
		$R^2_{adjusted}$	0.9153	0.9692
Weibull	$F = 100 \times \left( 1 - e^{-\frac{(t-T_1)^\beta}{\alpha}} \right)$	$\alpha$	153637.49	80.011
		$\beta$	2.275	1.024
		$T_1$	-151.699	-13.984
		$R^2$	0.9792	0.9745
		$R^2_{adjusted}$	0.9653	0.9575
		AIC	27.41	33.41

F, fraction of the drug released in time t; k, release rate constant; R<sup>2</sup>, coefficient of determination; R<sup>2</sup><sub>adjusted</sub>, adjusted coefficient of determination; AIC, Akaike Information Criterion; n, diffusion release exponent (n ≤ 0.43 – Fick diffusion; 0.43 < n < 0.85 – anomalous transport, non-Fickian diffusion; n ≥ 0.85 – zero order release); α, scale parameter; β, shape parameter; T<sub>1</sub>, location parameter [35].

In order to gain deeper insight into RSP release kinetics from investigated nanoemulsions, experimentally obtained release data were fitted into different mathematical models – zero order, first order, Higuchi, Hixson-Crowell, Baker-Lonsdale, Korsmeyer-Peppas, and Weibull [35,36], and the parameters calculated are reported in Table 2. Based on the values of the coefficient of determination (R<sup>2</sup>), the adjusted coefficient of determination (R<sup>2</sup><sub>adjusted</sub>), and Akaike Information Criterion (AIC) [35,36], the best fitting of the experimental data were obtained with the Korsmeyer-Peppas model and Weibull model (the highest R<sup>2</sup> and R<sup>2</sup><sub>adjusted</sub>, the lowest AIC, Table 2). However, considering that the Weibull model is empiric, without any kinetic basis, that could only de-

scribe but not adequately characterize the release properties of the drug [35,36], the Korsmeyer-Peppas model was chosen as optimal to interpret the release kinetics of RSP from investigated parenteral nanoemulsions.

By analyzing the release rate constant of RSP from the two tested nanoemulsions (Table 2, Korsmeyer-Peppas model), it could be noticed that the release rate of RSP was significantly higher (*t*-test, *p* < 0.001) from nanoemulsion stabilized by lecithin and co-stabilized with polysorbate 80 (RSP-IpNE) than from nanoemulsion stabilized by lecithin alone (RSP-INE). The possible explanation for a greater release rate and a greater release extent as well (within the first hour, as discussed above) of RSP from nanoemulsion containing polysorbate 80 (RSP-IpNE) might be a smaller droplet size of this nanoemulsion compared to the co-emulsifier-free formulation (RSP-INE), resulting in the increased surface area available for the drug transport from the donor to the receiver phase. Furthermore, in the case of RSP-IpNE nanoemulsion, a larger portion of RSP might be solubilized in the micelles/vesicles, most likely presented in the aqueous phase, from which drug molecules are expected to be readily accessible for a rapid release/transport; however, this assumption should be further addressed through drug distribution studies. Based on the value of diffusion release exponent (n), figuring out in the Korsmeyer-Peppas model and indicating the release mechanism of the drug [35,36], it could be suggested that the release of RSP from two investigated nanoemulsions was mainly diffusion-controlled (n ≤ 0.43, Table 2).

### Conclusion

In order to characterize the drug release kinetics/pattern from the nanoemulsion carrier, a case study where RSP, a poorly water-soluble antipsychotic drug, was incorporated into two lecithin-based parenteral nanoemulsions prepared by hot high-pressure homogenization and thoroughly examined in terms of physicochemical properties and biopharmaceutical performances was carried out.

Formulated RSP-loaded nanoemulsions, differing only in the presence of polysorbate 80 as co-emulsifier/co-stabilizer, revealed a small mean droplet size, narrow size distribution, high surface charge, and low viscosity (RSP-IpNE: Z-Ave 160 ± 2 nm, PDI 0.13 ± 0.02, ZP -52 ± 2 mV, apparent viscosity 6 ± 1 mPa.s; RSP-INE: Z-Ave 208 ± 2 nm, PDI 0.1 ± 0.01, ZP -60 ± 1 mV, apparent viscosity 4 ± 1 mPa.s), thus indicating their suitability for parenteral administration and a delivery of poorly water-soluble drugs. *In vitro* drug release study, conducted by employing a reverse dialysis bag technique showed biphasic release profiles of RSP from both tested nanoemulsions with above 95% of RSP released within 180 min. Although significant differences could be observed in the release profiles of RSP from two investigated nanoemulsions, indicating the influence of nanoemulsion matrix on the drug release kinetics generally, it could be reported

that the release of RSP from nanoemulsions was relatively rapid (more than 50% released within the first 5 min) and that the initial differences in the released fraction of RSP disappeared with time (after 60 min). Based on mathematical modeling of the release data, the kinetic release process of RSP from presented nanoemulsions could be described by Korsmeyer–Peppas model, and is supposed to be diffusion-controlled.

Regarding the overall results, a reverse dialysis bag technique could be considered to be a suitable method for evaluating the *in vitro* drug release from nanoemulsion systems which could distinguish between different nanoemulsion formulations, at least in our sample series.

To underline, the understanding of *in vitro* drug release, and testing thereof, is an essential task during the new drug development, the establishment of *in vitro*–*in vivo* correlation, registration and quality control of drug-loaded parenteral nanoemulsions and nano-sized dosage forms in general. The drug release rate/pattern from the nanoemulsion system may be influenced by a range of factors including: (i) the drug properties (solubility, *pKa*, partition coefficient), (ii) the carrier properties (internal morphology, droplet size and size distribution, surface/interfacial properties), (iii) the release test conditions (release medium – volume, composition, and pH; dialysis membrane; temperature; agitation), and (iv) the interplay between these variables. The listed factors should be considered and controlled when designing/choosing the adequate the *in vitro* release testing method for a nanoemulsion system, with the ultimate goal to ensure the quality, safety and efficacy of the drug product.

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## Izvod

## METOD REVERZNE DIJALIZE SA VREĆICAMA ZA PROCENU *IN VITRO* OSLOBAĐANJA LEKOVITE SUPSTANCE IZ PARENTERALNIH NANOEMULZIJA – STUDIJA SA RISPERIDONOM

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Prikazana studija opisuje profil oslobađanja risperidona, u vodi slabo rastvorljive psihofarmakološke lekovite supstance, iz dve parenteralne nanoemulzije koje su sadržale smešu triglicerida srednje dužine lanca i sojinog ulja kao uljanu fazu, rastvor natrijum oleata kao vodenu fazu, i lecitin sam ili u kombinaciji sa polisorbatom 80 kao emulgatore/stabilizatore. Nanoemulzije su izrađene toplim postupkom homogenizacije pod visokim pritiskom i okarakterisane u pogledu fitičko-hemijskih svojstava – veličina kapi, indeks polidisperznosti, zeta potencijal, viskozitet, kao i biofarmaceutskih performansi – *in vitro* oslobađanje lekovite supstance, primenom tehnike reverzne dijalize sa vrećicama. Fizičko-hemijska karakterizacija je pokazala zadovoljavajuću prosečnu veličinu kapi (160–210 nm), usku raspodelu veličina ( $<0,15$ ), visoko površinsko naelektrisanje (oko  $-50$  mV do  $-60$  mV), i nizak prividni viskozitet (4–6 mPa.s) razvijenih nanoemulzija, potvrđujući njihovu pogodnost za parenteralnu primenu u vodi slabo rastvorljivih aktivnih supstanci. *In vitro* ispitivanje brzine oslobađanja pokazalo je bifazne profile oslobađanja risperidona, sa određenim značajnim razlikama između ispitivanih formulacija nanoemulzija (koje su se razlikovale samo po prisustvu polisorbata 80), ukazujući na uticaj nanoemulzionog matriksa na kinetiku oslobađanja lekovite supstance. Pokazano je da je oslobađanje risperidona iz ispitivanih nanoemulzija bilo relativno brzo (više od 50% oslobođeno tokom prvih 5 min), što dalje ukazuje na njihovu obećavajuću primenu u hitnim stanjima. Dodatno, preko 95% risperidona oslobodilo se iz obe ispitivane nanoemulzije nakon 180 min, pri čemu se kinetika oslobađanja mogla opisati Korsmeyer–Peppas modelom, a proces oslobađanja je verovatno kontrolisan mehanizmom difuzije. Sveukupno posmatrano, može se zaključiti da je tehnika reverzne dijalize uz primenu vrećica bila pogodan i dovoljno diskriminatoran metod za procenu *in vitro* brzine oslobađanja risperidona iz prikazanih nanoemulzionih sistema.

**Ključne reči:** nanoemulzije, risperidon, ispitivanje brzine oslobađanja, dijalizni metod, profil oslobađanja, matematičko modelovanje